Get Involved

Register at walkruncycleplay.co.uk

Click Birkenhead Park and your preferred time slot

Arrive at your start point, receive a wristband, walk, run or cycle the distance you want to. The full Birkenhead Park loop is exactly 2 miles. There are three checkpoints around the park.

FREE Tea, Coffee or soft drink and sweets for children are provided on your return to the The Grand Entrance.

Checkpoints

1. The Grand Entrance, Birkenhead Park (HYPE HQ)
2. HYPE Park Park Road East entrance
3. Birkenhead 6th Form Park Road West entrance
4. Birkenhead Park Visitor Centre Park Drive

Did you know?

- Walk Run Cycle Play will be delivered in 6 location this year
- HYPE stands for Helping Young People Everywhere
- The designs of New York's Central Park and Liverpool's Sefton Park are inspired by Birkenhead Park
- During the Second World War, United States Pilot, Douglas Goudie, had to make a crash landing in Birkenhead Park in his Spitfire. The engine from the plane is housed in Fort Perch Rock in New Brighton.
- Sir Joseph Paxton designed Birkenhead Park, he was a successful gardener and architect. His portfolio includes the legendary Crystal Palace.
- Its official opening in 1847 attracted around 10,000 people to the park.



Sundays will never be the same

#HYPEWalkRunCyclePlay
#playyourpart

If you have a business that can support this innovative project please do reach out by contacting HYPE at **enquiries@hype-merseyside.co.uk**

Merseyrail

MSP UNLOCKING THE POWER OF SPORT & PHYSICAL ACTIVITY

SPORT ENGLAND

BIRKENHEAD PARK

WALK RUN CYCLE PLAY



Every Sunday, Every Week
Starting at The Grand Entrance,
Birkenhead Park 10.00am
FREE Open to all ages

walkruncycleplay.co.uk


Checkpoint 2
HYPE Park
CRICKET CLUB
BIRKENHEAD PARK SCHOOL
Checkpoint 3
Birkenhead Sixth Form
RUGBY CLUB
PLAYGROUND
SWISS BRIDGE
BOAT HOUSE
Checkpoint 1
Grand Entrance
Checkpoint 4
Visitor Centre