Get Involved

Register at walkruncycleplay.co.uk

Arrive at your start point, receive a wristband, walk, run or cycle the distance you want to. There are four checkpoints on the route.

Checkpoints

1. Main Entrance
2. Park Play Area
3. Broad Green (Loopline)
4. Lyndene Park (Loopline)

Did you know Springfield park is part of a world class health campus that includes:

- A research centre, where medical breakthroughs will improve the lives of children and young people now and for generations to come
- A restored park and green space, which promotes physical and mental health and encourages exercise and relaxation
- A world-class paediatric hospital, where we will continue to give children and young people the best possible care with the best staff and cutting edge treatments, technology and innovation
- Anew Alder Centre, where bereaved families will be continually supported in an environment designed to bring calm and tranquillity with a host of therapeutic services
- A new mental health facility, recognising that mental health is just as important as physical health
- A specialist neonatal unit, run in partnership with Liverpool Women's Hospital to ensure that with our pooled resources and skills, babies can get the best start in life



HYPE

#HYPEWalkRunCyclePlay
#playyourpart

If you have a business that can support this innovative project please do reach out by contacting HYPE at **enquiries@hype-merseyside.co.uk**

Alder Hey
CHILDREN'S CHARITY

SPRINGFIELD PARK

HYPE

WALK RUN CYCLE PLAY



August 7th, 14th, 21st, 25th, 26th, 27th, 28th and **September** 4th
Starting Saturday 7th August 10am - 12pm
FREE Open to all ages

walkruncycleplay.co.uk


Checkpoint
Park Play Area
START
Main Entrance
10.00am
E PRESCOT ROAD
PILTCH LANE
Checkpoint
Broad Green (Loopline)
THOMAS LANE
CAMPBELL DRIVE
M62
ROCKY LANE
BENTHAM DRIVE
CHILDWALL VALLEY ROAD
BARNHAM DRIVE
CHILDWALL PARK AVE
Checkpoint
Lyndene Park (Loopline)